



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ OLIVEIRA

Race number: 3500 | Gender: M

Nationality: PORTUGAL

Club: TRAIL DA AMIZADE RUNNERS

Place: 997

Age Group: M40

Place Age Group: 174

Time (iliquid): 3:41:05

Pace: 0:05:15

Time (liquid): 3:40:30

Check-Point nº 1 - 5k: 0:22:19

Check-Point nº 2 - 10k: 0:44:12

Check-Point nº 3 - 15k: 1:06:39

Check-Point nº 4 - 19.4k: 1:26:43

Check-Point nº 5 - 20k: 1:29:30

Check-Point nº 6 - 20.2k: 1:30:20

Check-Point nº 7 - MM: 1:34:34

Check-Point nº 8 - 25k: 1:52:56

Check-Point nº 9 - 25.2k: 1:53:48

Check-Point nº 10 - 30k: 2:18:16

Check-Point nº 11 - 35k: 2:45:34

Check-Point nº 12 - 40k: 3:18:18

Check-Point nº 13 - 41.1k: 3:30:20

