



YOU WILL NEVER RUN ALONE

## Diploma

# CAROLINA MORAIS

Race number: 6158 | Gender: F

Nationality: PORTUGAL

Club: A TEAM AGEAS

Place: 2283

Age Group: F40

Place Age Group: 51

Time (iliquid): 4:19:07

Pace: 0:06:05

Time (liquid): 4:15:49

Check-Point nº 1 - 5k: 0:32:18

Check-Point nº 2 - 10k: 1:00:31

Check-Point nº 3 - 15k: 1:28:37

Check-Point nº 4 - 19.4k: 1:53:39

Check-Point nº 5 - 20k: 1:57:08

Check-Point nº 6 - 20.2k: 1:58:34

Check-Point nº 7 - MM: 2:03:56

Check-Point nº 8 - 25k: 2:26:37

Check-Point nº 9 - 25.2k: 2:28:24

Check-Point nº 10 - 30k: 3:00:50

Check-Point nº 11 - 35k: 3:34:17

Check-Point nº 12 - 40k: 4:06:16

Check-Point nº 13 - 41.1k: 4:13:26

