



YOU WILL NEVER RUN ALONE

Diploma

MARCO NICOLAU

Race number: 3020 | Gender: M

Nationality: PORTUGAL

Club: PHOENIX EVORUN

Place: 912

Age Group: M40

Place Age Group: 159

Time (iliquid): 3:38:23

Pace: 0:05:09

Time (liquid): 3:36:20

Check-Point nº 1 - 5k: 0:27:00

Check-Point nº 2 - 10k: 0:51:44

Check-Point nº 3 - 15k: 1:16:29

Check-Point nº 4 - 19.4k: 1:38:25

Check-Point nº 5 - 20k: 1:41:25

Check-Point nº 6 - 20.2k: 1:42:16

Check-Point nº 7 - MM: 1:46:54

Check-Point nº 8 - 25k: 2:06:45

Check-Point nº 9 - 25.2k: 2:07:41

Check-Point nº 10 - 30k: 2:33:11

Check-Point nº 11 - 35k: 2:59:34

Check-Point nº 12 - 40k: 3:27:19

Check-Point nº 13 - 41.1k: 3:33:36

