



YOU WILL NEVER RUN ALONE

Diploma

RICARDO MENDES

Race number: 5755 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3785

Age Group: M45

Place Age Group: 505

Time (iliquid): 6:07:03

Pace: 0:08:40

Time (liquid): 6:04:14

Check-Point nº 1 - 5k: 0:38:52

Check-Point nº 2 - 10k: 1:14:38

Check-Point nº 3 - 15k: 1:55:53

Check-Point nº 4 - 19.4k: 2:34:42

Check-Point nº 5 - 20k: 2:40:06

Check-Point nº 6 - 20.2k: 2:43:18

Check-Point nº 7 - MM: 2:50:50

Check-Point nº 8 - 25k: 3:23:56

Check-Point nº 9 - 25.2k: 3:26:19

Check-Point nº 10 - 30k: 4:11:27

Check-Point nº 11 - 35k: 5:00:04

Check-Point nº 12 - 40k: 5:49:52

Check-Point nº 13 - 41.1k: 5:56:46

