



YOU WILL NEVER RUN ALONE

Diploma

CARLOS FERREIRA

Race number: 633 | Gender: M

Nationality: PORTUGAL

Club: F C PENAFIEL

Place: 2672

Age Group: M45

Place Age Group: 390

Time (iliquid): 4:32:35

Pace: 0:06:26

Time (liquid): 4:30:51

Check-Point nº 1 - 5k: 0:30:19

Check-Point nº 2 - 10k: 0:58:13

Check-Point nº 3 - 15k: 1:25:58

Check-Point nº 4 - 19.4k: 1:50:17

Check-Point nº 5 - 20k: 1:53:40

Check-Point nº 6 - 20.2k: 1:54:46

Check-Point nº 7 - MM: 1:59:59

Check-Point nº 8 - 25k: 2:21:59

Check-Point nº 9 - 25.2k: 2:23:42

Check-Point nº 10 - 30k: 2:52:24

Check-Point nº 11 - 35k: 3:36:54

Check-Point nº 12 - 40k: 4:18:05

Check-Point nº 13 - 41.1k: 4:25:32

