



MARATONA DE PORTUGAL



18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com

Diploma

CARLOS LANCHA

Race number: 2755 | Gender: M
Nationality: PORTUGAL
Club: RUNNING ESPINHO

Place: 818

Age Group: M50

Place Age Group: 105

Time (iliquid): 3:39:06

Pace: 0:05:11

Time (liquid): 3:38:21

Check-Point nº 1 - 10K: 0:52:50

Check-Point nº 2 - 19.4K: 1:41:33

Check-Point nº 3 - 20K: 1:44:40

Check-Point nº 4 - 20.2K: 1:45:34

Check-Point nº 5 - MM: 1:49:47

Check-Point nº 6 - 30K: 2:36:19

Check-Point nº 7 - 40K: 3:28:05

Check-Point nº 8 - 41.1K: 3:34:05

