



APO FAMILY RACE

CORRIDA DOS OSSOS SAUDÁVEIS

Diploma

MANUEL ALMEIDA

Race number: 11526 | Gender: M

Nationality: PORTUGAL

Club: SHOTS INTERNATIONAL RUNNERS

Place: 1469

Age Group: M35

Place Age Group: 817

Time (iliquid): 1:36:15

Pace: 0:06:08

Time (liquid): 1:32:14

Check-Point nº 1 - 6.7Km: 0:44:17 Check-Point nº 2 - 10Km: 1:04:34 Check-Point nº 3 - 11.7Km: 1:15:58

Check-Point nº 4 - 14.1Km: 1:29:58

15 km - 3 Nov 2019