



APO FAMILY RACE

CORRIDA DOS OSSOS SAUDÁVEIS

Diploma

MANUEL COUTINHO

Race number: 11182 | Gender: M

Nationality: PORTUGAL

Club: NÚCLEO DE ATLETISMO DAS TAIPAS

Place: 1449

Age Group: M35

Place Age Group: 807

Time (iliquid): 1:36:01

Pace: 0:06:11

Time (liquid): 1:32:54

Check-Point nº 1 - 6.7Km: 0:43:19 Check-Point nº 2 - 10Km: 1:04:16 Check-Point nº 3 - 11.7Km: 1:13:48

Check-Point nº 4 - 14.1Km: 1:29:19

15 km - 3 Nov 2019