



APO FAMILY RACE

CORRIDA DOS OSSOS SAUDÁVEIS

Diploma

NELSON RIBEIRO

Race number: 11140 | Gender: M

Nationality: PORTUGAL

Club: LACTOGAL - LACTOGAL -

Place: 170

Age Group: M20

Place Age Group: 37

Time (iliquid): 1:10:37

Pace: 0:04:28

Time (liquid): 1:07:11

Check-Point nº 1 - 6.7Km: 0:33:05 Check-Point nº 2 - 10Km: 0:47:57 Check-Point nº 3 - 11.7Km: 0:56:02

Check-Point nº 4 - 14.1Km: 1:06:04

15 km - 3 Nov 2019