



APO FAMILY RACE

CORRIDA DOS OSSOS SAUDÁVEIS

Diploma

MANUEL GUEDES

Race number: 10692 | Gender: M

Nationality: PORTUGAL

Club: CLUBE INDEPENDENTE DE ATLETISMO DE ALPENDORADA

Place: 521

Age Group: M35

Place Age Group: 354

Time (iliquid): 1:20:47

Pace: 0:05:13

Time (liquid): 1:18:24

Check-Point nº 1 - 6.7Km: 0:36:54 Check-Point nº 2 - 10Km: 0:54:07 Check-Point nº 3 - 11.7Km: 1:03:28

Check-Point nº 4 - 14.1Km: 1:15:40

15 km - 3 Nov 2019