



YOU WILL NEVER RUN ALONE

Diploma

CARLA HENRIQUES

Race number: 1666 | Gender: F

Nationality: PORTUGAL

Club: AVG

Place: 1217

Age Group: F45

Place Age Group: 16

Time (iliquid): 3:46:10

Pace: 0:05:22

Time (liquid): 3:46:00

Check-Point nº 1 - 5k: 0:25:48

Check-Point nº 2 - 10k: 0:51:13

Check-Point nº 3 - 15k: 1:17:00

Check-Point nº 4 - 19.4k: 1:39:34

Check-Point nº 5 - 20k: 1:42:41

Check-Point nº 6 - 20.2k: 1:43:38

Check-Point nº 7 - MM: 1:48:31

Check-Point nº 8 - 25k: 2:09:37

Check-Point nº 9 - 25.2k: 2:10:38

Check-Point nº 10 - 30k: 2:37:06

Check-Point nº 11 - 35k: 3:04:54

Check-Point nº 12 - 40k: 3:33:35

Check-Point nº 13 - 41.1k: 3:40:18

