



YOU WILL NEVER RUN ALONE

## Diploma

# SÓNIA NEVES

Race number: 1471 | Gender: F

Nationality: PORTUGAL

Club: EDP COLAB

Place: 1907

Age Group: F45

Place Age Group: 32

Time (iliquid): 4:05:31

Pace: 0:05:47

Time (liquid): 4:03:35

Check-Point nº 1 - 5k: 0:29:08

Check-Point nº 2 - 10k: 0:56:33

Check-Point nº 3 - 15k: 1:24:22

Check-Point nº 4 - 19.4k: 1:49:00

Check-Point nº 5 - 20k: 1:52:23

Check-Point nº 6 - 20.2k: 1:53:25

Check-Point nº 7 - MM: 1:58:42

Check-Point nº 8 - 25k: 2:21:17

Check-Point nº 9 - 25.2k: 2:22:27

Check-Point nº 10 - 30k: 2:50:25

Check-Point nº 11 - 35k: 3:20:26

Check-Point nº 12 - 40k: 3:52:06

Check-Point nº 13 - 41.1k: 3:59:29

