



YOU WILL NEVER RUN ALONE

## Diploma

# PAULO MARQUES

Race number: 1334 | Gender: M

Nationality: PORTUGAL

Club: EDP C

Place: 2021

Age Group: M45

Place Age Group: 312

Time (iliquid): 4:09:52

Pace: 0:05:56

Time (liquid): 4:09:24

Check-Point nº 1 - 5k: 0:29:21

Check-Point nº 2 - 10k: 0:56:52

Check-Point nº 3 - 15k: 1:24:57

Check-Point nº 4 - 19.4k: 1:49:13

Check-Point nº 5 - 20k: 1:52:36

Check-Point nº 6 - 20.2k: 1:53:37

Check-Point nº 7 - MM: 1:58:52

Check-Point nº 8 - 25k: 2:21:28

Check-Point nº 9 - 25.2k: 2:22:33

Check-Point nº 10 - 30k: 2:50:54

Check-Point nº 11 - 35k: 3:21:00

Check-Point nº 12 - 40k: 3:55:23

Check-Point nº 13 - 41.1k: 4:03:28

