



Diploma

GONCALO CRUZ

Race number: 1196 | Gender: M

Nationality: PORTUGAL

Club: CPALCANENATRAIL

Place: 78

Age Group: M35

Place Age Group: 18

Time (iliquid): 2:50:37

Pace: 0:04:03

Time (liquid): 2:50:34

Check-Point nº 1 - 5k: 0:19:42

Check-Point nº 2 - 10k: 0:39:31

Check-Point nº 3 - 15k: 0:59:14

Check-Point nº 4 - 19.4k: 1:16:48

Check-Point nº 5 - 20k: 1:19:12

Check-Point nº 6 - 20.2k: 1:19:52

Check-Point nº 7 - MM: 1:23:34

Check-Point nº 8 - 25k: 1:39:30

Check-Point nº 9 - 25.2k: 1:40:10

Check-Point nº 10 - 30k: 1:59:52

Check-Point nº 11 - 35k: 2:19:58

Check-Point nº 12 - 40k: 2:40:55

Check-Point nº 13 - 41.1k: 2:46:00

