



YOU WILL NEVER RUN ALONE

Diploma

CARLOS MAIA

Race number: 3357 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2016

Age Group: M45

Place Age Group: 311

Time (iliquid): 4:09:46

Pace: 0:05:54

Time (liquid): 4:08:08

Check-Point nº 1 - 5k: 0:27:20

Check-Point nº 2 - 10k: 0:53:17

Check-Point nº 3 - 15k: 1:20:06

Check-Point nº 4 - 19.4k: 1:44:22

Check-Point nº 5 - 20k: 1:47:44

Check-Point nº 6 - 20.2k: 1:48:45

Check-Point nº 7 - MM: 1:53:57

Check-Point nº 8 - 25k: 2:16:22

Check-Point nº 9 - 25.2k: 2:17:23

Check-Point nº 10 - 30k: 2:45:58

Check-Point nº 11 - 35k: 3:16:57

Check-Point nº 12 - 40k: 3:50:14

Check-Point nº 13 - 41.1k: 4:01:22

