



YOU WILL NEVER RUN ALONE

Diploma

PAULO CARVALHO

Race number: 3212 | Gender: M

Nationality: PORTUGAL

Club: PCARVALHO

Place: 878

Age Group: M20

Place Age Group: 201

Time (iliquid): 3:37:06

Pace: 0:05:09

Time (liquid): 3:36:27

Check-Point nº 1 - 5k: 0:24:31

Check-Point nº 2 - 10k: 0:48:43

Check-Point nº 3 - 15k: 1:13:04

Check-Point nº 4 - 19.4k: 1:34:26

Check-Point nº 5 - 20k: 1:37:24

Check-Point nº 6 - 20.2k: 1:38:16

Check-Point nº 7 - MM: 1:42:54

Check-Point nº 8 - 25k: 2:03:12

Check-Point nº 9 - 25.2k: 2:04:41

Check-Point nº 10 - 30k: 2:30:17

Check-Point nº 11 - 35k: 2:56:26

Check-Point nº 12 - 40k: 3:24:31

Check-Point nº 13 - 41.1k: 3:31:15

