



YOU WILL NEVER RUN ALONE

Diploma

JORGE COSTA

Race number: 3019 | Gender: M

Nationality: PORTUGAL

Club: SPORTING CLUBE DE ESPINHO TRIATLO

Place: 874

Age Group: M55

Place Age Group: 41

Time (iliquid): 3:36:55

Pace: 0:05:07

Time (liquid): 3:35:32

Check-Point nº 1 - 5k: 0:27:20

Check-Point nº 2 - 10k: 0:52:57

Check-Point nº 3 - 15k: 1:18:22

Check-Point nº 4 - 19.4k: 1:40:47

Check-Point nº 5 - 20k: 1:43:53

Check-Point nº 6 - 20.2k: 1:44:45

Check-Point nº 7 - MM: 1:49:34

Check-Point nº 8 - 25k: 2:09:44

Check-Point nº 9 - 25.2k: 2:10:36

Check-Point nº 10 - 30k: 2:34:57

Check-Point nº 11 - 35k: 2:59:10

Check-Point nº 12 - 40k: 3:24:33

Check-Point nº 13 - 41.1k: 3:31:00

