



YOU WILL NEVER RUN ALONE

## Diploma

# JOÃO RICARDO CUNHA SANTOS

Race number: 800 | Gender: M

Nationality: PORTUGAL

Club: ERDAL-VIMARUNNERS

Place: 647

Age Group: M45

Place Age Group: 106

Time (iliquid): 3:29:13

Pace: 0:04:58

Time (liquid): 3:28:47

Check-Point nº 1 - 5k: 0:24:52

Check-Point nº 2 - 10k: 0:49:49

Check-Point nº 3 - 15k: 1:14:33

Check-Point nº 4 - 19.4k: 1:36:23

Check-Point nº 5 - 20k: 1:39:23

Check-Point nº 6 - 20.2k: 1:40:14

Check-Point nº 7 - MM: 1:44:50

Check-Point nº 8 - 25k: 2:03:56

Check-Point nº 9 - 25.2k: 2:04:47

Check-Point nº 10 - 30k: 2:28:39

Check-Point nº 11 - 35k: 2:53:35

Check-Point nº 12 - 40k: 3:18:36

Check-Point nº 13 - 41.1k: 3:24:22

