



MARATONA DE PORTUGAL



18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com



Diploma

HELDER PEDRAS

Race number: 2931 | Gender: M
Nationality: PORTUGAL
Club: TEAM RUNNERS

Place: 1929

Age Group: M20

Place Age Group: 262

Time (iliquid): 4:21:05

Pace: 0:06:11

Time (liquid): 4:19:50

Check-Point nº 1 - 10K: 0:57:32

Check-Point nº 2 - 19.4K: 1:50:14

Check-Point nº 3 - 20K: 1:53:35

Check-Point nº 4 - 20.2K: 1:54:39

Check-Point nº 5 - MM: 1:59:17

Check-Point nº 6 - 30K: 2:50:25

Check-Point nº 7 - 40K: 4:03:08

Check-Point nº 8 - 41.1K: 4:14:20

