



YOU WILL NEVER RUN ALONE

Diploma

PAULO FERNANDES

Race number: 3795 | Gender: M

Nationality: PORTUGAL

Club: EDP I

Place: 1229

Age Group: M40

Place Age Group: 200

Time (iliquid): 3:46:43

Pace: 0:05:19

Time (liquid): 3:43:51

Check-Point nº 1 - 5k: 0:29:44

Check-Point nº 2 - 10k: 0:55:08

Check-Point nº 3 - 15k: 1:20:12

Check-Point nº 4 - 19.4k: 1:42:21

Check-Point nº 5 - 20k: 1:45:25

Check-Point nº 6 - 20.2k: 1:46:19

Check-Point nº 7 - MM: 1:51:02

Check-Point nº 8 - 25k: 2:11:03

Check-Point nº 9 - 25.2k: 2:11:57

Check-Point nº 10 - 30k: 2:37:17

Check-Point nº 11 - 35k: 3:04:26

Check-Point nº 12 - 40k: 3:33:22

Check-Point nº 13 - 41.1k: 3:40:09

