



YOU WILL NEVER RUN ALONE

Diploma

MARIA MANUELA MONTEIRO

Race number: 1511 | Gender: F
Nationality: PORTUGAL
Club:

Place: 2007 Age Group: F45 Place Age Group: 37

Time (iliquid): 4:09:20	Pace: 0:05:53	Time (liquid): 4:07:27
Check-Point nº 1 - 5k: 0:28:51	Check-Point nº 2 - 10k: 0:55:47	Check-Point nº 3 - 15k: 1:22:49
Check-Point nº 4 - 19.4k: 1:46:48	Check-Point nº 5 - 20k: 1:50:13	Check-Point nº 6 - 20.2k: 1:51:19
Check-Point nº 7 - MM: 1:56:29	Check-Point nº 8 - 25k: 2:19:52	Check-Point nº 9 - 25.2k: 2:20:57
Check-Point nº 10 - 30k: 2:49:54	Check-Point nº 11 - 35k: 3:21:41	Check-Point nº 12 - 40k: 3:55:08
Check-Point nº 13 - 41.1k: 4:02:40		