



**YOU WILL NEVER RUN ALONE**

Diploma

**PAULA ALMEIDA**

Race number: 3609 | Gender: F

Nationality: PORTUGAL

Club:

Place: 766

Age Group: F40

Place Age Group: 11

Time (iliquid): 3:33:04

Pace: 0:05:03

Time (liquid): 3:32:36

Check-Point nº 1 - 5k: 0:24:43

Check-Point nº 2 - 10k: 0:48:52

Check-Point nº 3 - 15k: 1:13:14

Check-Point nº 4 - 19.4k: 1:34:40

Check-Point nº 5 - 20k: 1:37:39

Check-Point nº 6 - 20.2k: 1:38:31

Check-Point nº 7 - MM: 1:43:08

Check-Point nº 8 - 25k: 2:02:43

Check-Point nº 9 - 25.2k: 2:03:35

Check-Point nº 10 - 30k: 2:28:22

Check-Point nº 11 - 35k: 2:54:01

Check-Point nº 12 - 40k: 3:20:57

Check-Point nº 13 - 41.1k: 3:27:24