



YOU WILL NEVER RUN ALONE

Diploma

SÓNIA SANTOS

Race number: 3611 | Gender: F

Nationality: PORTUGAL

Club:

Place: 2744

Age Group: F45

Place Age Group: 64

Time (iliquid): 4:35:00

Pace: 0:06:30

Time (liquid): 4:33:41

Check-Point nº 1 - 5k: 0:30:52

Check-Point nº 2 - 10k: 1:01:19

Check-Point nº 3 - 15k: 1:31:39

Check-Point nº 4 - 19.4k: 1:58:40

Check-Point nº 5 - 20k: 2:02:27

Check-Point nº 6 - 20.2k: 2:03:36

Check-Point nº 7 - MM: 2:09:27

Check-Point nº 8 - 25k: 2:34:45

Check-Point nº 9 - 25.2k: 2:36:02

Check-Point nº 10 - 30k: 3:08:34

Check-Point nº 11 - 35k: 3:43:52

Check-Point nº 12 - 40k: 4:19:51

Check-Point nº 13 - 41.1k: 4:28:02

