



YOU WILL NEVER RUN ALONE

Diploma

JOÃO COSTA

Race number: 3614 | Gender: M

Nationality: PORTUGAL

Club: NÚCLEO DE CORRIDA SOLVERDE

Place: 1027

Age Group: M40

Place Age Group: 178

Time (iliquid): 3:41:50

Pace: 0:05:15

Time (liquid): 3:40:53

Check-Point nº 1 - 5k: 0:26:35

Check-Point nº 2 - 10k: 0:51:37

Check-Point nº 3 - 15k: 1:16:41

Check-Point nº 4 - 19.4k: 1:38:48

Check-Point nº 5 - 20k: 1:41:49

Check-Point nº 6 - 20.2k: 1:42:39

Check-Point nº 7 - MM: 1:47:19

Check-Point nº 8 - 25k: 2:07:13

Check-Point nº 9 - 25.2k: 2:08:04

Check-Point nº 10 - 30k: 2:32:51

Check-Point nº 11 - 35k: 2:59:36

Check-Point nº 12 - 40k: 3:29:26

Check-Point nº 13 - 41.1k: 3:36:05

