



YOU WILL NEVER RUN ALONE

Diploma

JOÃO SERAFIM

Race number: 3620 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2554

Age Group: M50

Place Age Group: 318

Time (iliquid): 4:28:00

Pace: 0:06:21

Time (liquid): 4:27:22

Check-Point nº 1 - 5k: 0:25:50

Check-Point nº 2 - 10k: 0:50:41

Check-Point nº 3 - 15k: 1:16:10

Check-Point nº 4 - 19.4k: 1:39:14

Check-Point nº 5 - 20k: 1:42:30

Check-Point nº 6 - 20.2k: 1:43:28

Check-Point nº 7 - MM: 1:48:42

Check-Point nº 8 - 25k: 2:11:32

Check-Point nº 9 - 25.2k: 2:12:36

Check-Point nº 10 - 30k: 2:42:25

Check-Point nº 11 - 35k: 3:22:11

Check-Point nº 12 - 40k: 4:09:02

Check-Point nº 13 - 41.1k: 4:20:10

