



**YOU WILL NEVER RUN ALONE**

Diploma

**JOAQUIM VIANA**

Race number: 3569 | Gender: M  
Nationality: PORTUGAL  
Club: PORTORUNNERS

Place: 1369      Age Group: M55      Place Age Group: 74

|                                    |                                  |                                   |
|------------------------------------|----------------------------------|-----------------------------------|
| Time (iliquid): 3:50:58            | Pace: 0:05:27                    | Time (liquid): 3:49:01            |
| Check-Point nº 1 - 5k: 0:30:03     | Check-Point nº 2 - 10k: 0:55:58  | Check-Point nº 3 - 15k: 1:21:16   |
| Check-Point nº 4 - 19.4k: 1:44:23  | Check-Point nº 5 - 20k: 1:47:33  | Check-Point nº 6 - 20.2k: 1:48:35 |
| Check-Point nº 7 - MM: 1:53:28     | Check-Point nº 8 - 25k: 2:14:08  | Check-Point nº 9 - 25.2k: 2:15:23 |
| Check-Point nº 10 - 30k: 2:41:35   | Check-Point nº 11 - 35k: 3:09:04 | Check-Point nº 12 - 40k: 3:37:48  |
| Check-Point nº 13 - 41.1k: 3:44:55 |                                  |                                   |