



YOU WILL NEVER RUN ALONE

Diploma

ADÃO SILVA

Race number: 72 | Gender: M

Nationality: PORTUGAL

Club:

Place: 401

Age Group: M55

Place Age Group: 16

Time (iliquid): 3:17:46

Pace: 0:04:42

Time (liquid): 3:17:44

Check-Point nº 1 - 5k: 0:23:05

Check-Point nº 2 - 10k: 0:46:18

Check-Point nº 3 - 15k: 1:09:38

Check-Point nº 4 - 19.4k: 1:30:17

Check-Point nº 5 - 20k: 1:33:06

Check-Point nº 6 - 20.2k: 1:34:02

Check-Point nº 7 - MM: 1:38:19

Check-Point nº 8 - 25k: 1:56:31

Check-Point nº 9 - 25.2k: 1:57:20

Check-Point nº 10 - 30k: 2:19:44

Check-Point nº 11 - 35k: 2:42:48

Check-Point nº 12 - 40k: 3:07:04

Check-Point nº 13 - 41.1k: 3:12:36

