



YOU WILL NEVER RUN ALONE

## Diploma

**SARAH MCAVINUE**

Race number: 8560 | Gender: F

Nationality: IRELAND

Club:

Place: 1939

Age Group: F40

Place Age Group: 39

Time (iliquid): 4:06:53

Pace: 0:05:50

Time (liquid): 4:05:20

Check-Point nº 1 - 5k: 0:27:44

Check-Point nº 2 - 10k: 0:53:36

Check-Point nº 3 - 15k: 1:19:25

Check-Point nº 4 - 19.4k: 1:43:34

Check-Point nº 5 - 20k: 1:47:14

Check-Point nº 6 - 20.2k: 1:48:19

Check-Point nº 7 - MM: 1:54:02

Check-Point nº 8 - 25k: 2:17:32

Check-Point nº 9 - 25.2k: 2:18:43

Check-Point nº 10 - 30k: 2:47:37

Check-Point nº 11 - 35k: 3:18:51

Check-Point nº 12 - 40k: 3:52:40

Check-Point nº 13 - 41.1k: 4:00:42

