



YOU WILL NEVER RUN ALONE

## Diploma

# JOÃO MOURA

Race number: 6412 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1630

Age Group: M45

Place Age Group: 255

Time (iliquid): 3:58:21

Pace: 0:05:36

Time (liquid): 3:55:19

Check-Point nº 1 - 5k: 0:30:39

Check-Point nº 2 - 10k: 0:58:15

Check-Point nº 3 - 15k: 1:26:12

Check-Point nº 4 - 19.4k: 1:50:30

Check-Point nº 5 - 20k: 1:53:54

Check-Point nº 6 - 20.2k: 1:54:58

Check-Point nº 7 - MM: 2:00:04

Check-Point nº 8 - 25k: 2:22:04

Check-Point nº 9 - 25.2k: 2:23:07

Check-Point nº 10 - 30k: 2:50:29

Check-Point nº 11 - 35k: 3:18:55

Check-Point nº 12 - 40k: 3:46:27

Check-Point nº 13 - 41.1k: 3:52:59

