



YOU WILL NEVER RUN ALONE

## Diploma

# JOSÉ CRUZ

Race number: 954 | Gender: M

Nationality: PORTUGAL

Club: DURAF1 RACE TEAM

Place: 566

Age Group: M50

Place Age Group: 72

Time (iliquid): 3:26:09

Pace: 0:04:54

Time (liquid): 3:25:55

Check-Point nº 1 - 5k: 0:22:16

Check-Point nº 2 - 10k: 0:43:40

Check-Point nº 3 - 15k: 1:05:25

Check-Point nº 4 - 19.4k: 1:24:55

Check-Point nº 5 - 20k: 1:27:41

Check-Point nº 6 - 20.2k: 1:28:29

Check-Point nº 7 - MM: 1:32:51

Check-Point nº 8 - 25k: 1:51:24

Check-Point nº 9 - 25.2k: 1:52:17

Check-Point nº 10 - 30k: 2:16:33

Check-Point nº 11 - 35k: 2:42:30

Check-Point nº 12 - 40k: 3:13:20

Check-Point nº 13 - 41.1k: 3:20:27

