



YOU WILL NEVER RUN ALONE

Diploma

FRANCISCO SAMPAIO

Race number: 3044 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1039

Age Group: M45

Place Age Group: 170

Time (iliquid): 3:42:09

Pace: 0:05:16

Time (liquid): 3:41:29

Check-Point nº 1 - 5k: 0:25:24

Check-Point nº 2 - 10k: 0:49:46

Check-Point nº 3 - 15k: 1:14:23

Check-Point nº 4 - 19.4k: 1:36:02

Check-Point nº 5 - 20k: 1:38:59

Check-Point nº 6 - 20.2k: 1:39:54

Check-Point nº 7 - MM: 1:44:33

Check-Point nº 8 - 25k: 2:04:01

Check-Point nº 9 - 25.2k: 2:04:59

Check-Point nº 10 - 30k: 2:29:41

Check-Point nº 11 - 35k: 2:56:17

Check-Point nº 12 - 40k: 3:28:47

Check-Point nº 13 - 41.1k: 3:36:16

