



YOU WILL NEVER RUN ALONE

Diploma

MANUEL MONTEIRO

Race number: 5842 | Gender: M

Nationality: PORTUGAL

Club: M&M

Place: 729

Age Group: M20

Place Age Group: 172

Time (iliquid): 3:31:52

Pace: 0:04:59

Time (liquid): 3:29:51

Check-Point nº 1 - 5k: 0:26:36

Check-Point nº 2 - 10k: 0:50:23

Check-Point nº 3 - 15k: 1:14:11

Check-Point nº 4 - 19.4k: 1:34:49

Check-Point nº 5 - 20k: 1:37:37

Check-Point nº 6 - 20.2k: 1:38:27

Check-Point nº 7 - MM: 1:42:47

Check-Point nº 8 - 25k: 2:01:28

Check-Point nº 9 - 25.2k: 2:02:17

Check-Point nº 10 - 30k: 2:25:48

Check-Point nº 11 - 35k: 2:50:50

Check-Point nº 12 - 40k: 3:20:09

Check-Point nº 13 - 41.1k: 3:26:34

