



YOU WILL NEVER RUN ALONE

Diploma

RICARDO FERREIRA

Race number: 742 | Gender: M

Nationality: PORTUGAL

Club: FRONTAL VERTICAL

Place: 275

Age Group: M40

Place Age Group: 55

Time (iliquid): 3:10:40

Pace: 0:04:32

Time (liquid): 3:10:24

Check-Point nº 1 - 5k: 0:21:19

Check-Point nº 2 - 10k: 0:42:41

Check-Point nº 3 - 15k: 1:03:56

Check-Point nº 4 - 19.4k: 1:22:46

Check-Point nº 5 - 20k: 1:25:23

Check-Point nº 6 - 20.2k: 1:26:07

Check-Point nº 7 - MM: 1:30:00

Check-Point nº 8 - 25k: 1:46:47

Check-Point nº 9 - 25.2k: 1:47:29

Check-Point nº 10 - 30k: 2:08:11

Check-Point nº 11 - 35k: 2:32:17

Check-Point nº 12 - 40k: 2:59:40

Check-Point nº 13 - 41.1k: 3:05:51

