



YOU WILL NEVER RUN ALONE

Diploma

PAULO BASTOS

Race number: 2998 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1390

Age Group: M35

Place Age Group: 204

Time (iliquid): 3:51:32

Pace: 0:05:29

Time (liquid): 3:50:40

Check-Point nº 1 - 5k: 0:27:01

Check-Point nº 2 - 10k: 0:52:26

Check-Point nº 3 - 15k: 1:17:49

Check-Point nº 4 - 19.4k: 1:39:56

Check-Point nº 5 - 20k: 1:42:58

Check-Point nº 6 - 20.2k: 1:43:50

Check-Point nº 7 - MM: 1:48:30

Check-Point nº 8 - 25k: 2:08:49

Check-Point nº 9 - 25.2k: 2:09:44

Check-Point nº 10 - 30k: 2:35:28

Check-Point nº 11 - 35k: 3:03:50

Check-Point nº 12 - 40k: 3:38:18

Check-Point nº 13 - 41.1k: 3:45:25

