



YOU WILL NEVER RUN ALONE

Diploma

LAURINDO OSÓRIO

Race number: 617 | Gender: M

Nationality: PORTUGAL

Club: VALONGO TRAIL TEAM

Place: 1026

Age Group: M50

Place Age Group: 128

Time (iliquid): 3:41:50

Pace: 0:05:16

Time (liquid): 3:41:30

Check-Point nº 1 - 5k: 0:22:22

Check-Point nº 2 - 10k: 0:45:04

Check-Point nº 3 - 15k: 1:08:58

Check-Point nº 4 - 19.4k: 1:30:01

Check-Point nº 5 - 20k: 1:32:57

Check-Point nº 6 - 20.2k: 1:33:50

Check-Point nº 7 - MM: 1:38:24

Check-Point nº 8 - 25k: 1:58:51

Check-Point nº 9 - 25.2k: 1:59:48

Check-Point nº 10 - 30k: 2:26:45

Check-Point nº 11 - 35k: 2:55:57

Check-Point nº 12 - 40k: 3:28:00

Check-Point nº 13 - 41.1k: 3:35:27

