



YOU WILL NEVER RUN ALONE

Diploma

MARIA JOÃO VARELA

Race number: 2689 | Gender: F

Nationality: PORTUGAL

Club: ALMA

Place: 2728

Age Group: F45

Place Age Group: 63

Time (iliquid): 4:34:32

Pace: 0:06:30

Time (liquid): 4:33:29

Check-Point nº 1 - 5k: 0:31:57

Check-Point nº 2 - 10k: 1:02:12

Check-Point nº 3 - 15k: 1:32:37

Check-Point nº 4 - 19.4k: 1:59:26

Check-Point nº 5 - 20k: 2:03:06

Check-Point nº 6 - 20.2k: 2:04:15

Check-Point nº 7 - MM: 2:09:54

Check-Point nº 8 - 25k: 2:34:27

Check-Point nº 9 - 25.2k: 2:35:55

Check-Point nº 10 - 30k: 3:08:24

Check-Point nº 11 - 35k: 3:42:07

Check-Point nº 12 - 40k: 4:20:44

Check-Point nº 13 - 41.1k: 4:28:06

