



YOU WILL NEVER RUN ALONE

Diploma

TELMO REIS

Race number: 607 | Gender: M

Nationality: PORTUGAL

Club: LOUSADA RUNNERS

Place: 1923

Age Group: M40

Place Age Group: 284

Time (iliquid): 4:06:22

Pace: 0:05:51

Time (liquid): 4:06:01

Check-Point nº 1 - 5k: 0:26:06

Check-Point nº 2 - 10k: 0:51:41

Check-Point nº 3 - 15k: 1:17:54

Check-Point nº 4 - 19.4k: 1:41:04

Check-Point nº 5 - 20k: 1:44:21

Check-Point nº 6 - 20.2k: 1:45:17

Check-Point nº 7 - MM: 1:50:09

Check-Point nº 8 - 25k: 2:10:36

Check-Point nº 9 - 25.2k: 2:11:30

Check-Point nº 10 - 30k: 2:37:18

Check-Point nº 11 - 35k: 3:07:18

Check-Point nº 12 - 40k: 3:46:47

Check-Point nº 13 - 41.1k: 3:56:39

