



YOU WILL NEVER RUN ALONE

Diploma

WASHINGTON TAKASHI NAKAMURA

Race number: 572 | Gender: M

Nationality: BRAZIL

Club: BRASIL

Place: 1295

Age Group: M55

Place Age Group: 68

Time (iliquid): 3:48:41

Pace: 0:05:26

Time (liquid): 3:48:37

Check-Point nº 1 - 5k: 0:24:12

Check-Point nº 2 - 10k: 0:48:36

Check-Point nº 3 - 15k: 1:13:25

Check-Point nº 4 - 19.4k: 1:35:33

Check-Point nº 5 - 20k: 1:38:35

Check-Point nº 6 - 20.2k: 1:39:26

Check-Point nº 7 - MM: 1:44:06

Check-Point nº 8 - 25k: 2:04:02

Check-Point nº 9 - 25.2k: 2:04:57

Check-Point nº 10 - 30k: 2:30:46

Check-Point nº 11 - 35k: 3:00:16

Check-Point nº 12 - 40k: 3:33:14

Check-Point nº 13 - 41.1k: 3:42:02

