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Maratona
do
Porto **edp**

8 NOV 2015

maratonadoporto.com

Diploma

MANUEL RAMOS

Race number: 3305 | Gender: M
Nationality: PORTUGAL
Club: CLUBE GALP ENERGIA NORTE

Place: 1107 Age Group: M45 Place Age Group: 176

Time (iliquid): 3:43:47 Pace: 0:05:18 Time (liquid): 3:42:37
Check-Point nº 1 - 10kms: 0:49:38 Check-Point nº 2 - 15kms: 1:16:33 Check-Point nº 3 - 20kms: 1:38:45
Check-Point nº 4 - 21kms: 1:44:42 Check-Point nº 5 - 25kms: 1:57:39 Check-Point nº 6 - 30kms: 2:31:20
Check-Point nº 7 - 40kms: 3:30:20 Check-Point nº 8 - 41kms: 3:35:48