



**YOU WILL NEVER RUN ALONE**

Diploma

**PAULO MENDES**

Race number: 1745 | Gender: M  
Nationality: PORTUGAL  
Club: ELCT

Place: 361      Age Group: M50      Place Age Group: 44

Time (iliquid): 3:15:43	Pace: 0:04:39	Time (liquid): 3:15:37
Check-Point nº 1 - 5k: 0:23:20	Check-Point nº 2 - 10k: 0:46:27	Check-Point nº 3 - 15k: 1:09:31
Check-Point nº 4 - 19.4k: 1:30:08	Check-Point nº 5 - 20k: 1:32:56	Check-Point nº 6 - 20.2k: 1:33:45
Check-Point nº 7 - MM: 1:37:54	Check-Point nº 8 - 25k: 1:55:42	Check-Point nº 9 - 25.2k: 1:56:28
Check-Point nº 10 - 30k: 2:18:28	Check-Point nº 11 - 35k: 2:41:24	Check-Point nº 12 - 40k: 3:04:39
Check-Point nº 13 - 41.1k: 3:10:18		