



**YOU WILL NEVER RUN ALONE**

Diploma

**NELSON MARQUES**

Race number: 1681 | Gender: M  
Nationality: PORTUGAL  
Club: CBA-S

Place: 1449      Age Group: M40      Place Age Group: 227

Time (iliquid): 3:53:33	Pace: 0:05:33	Time (liquid): 3:53:18
Check-Point nº 1 - 5k: 0:26:14	Check-Point nº 2 - 10k: 0:52:41	Check-Point nº 3 - 15k: 1:19:19
Check-Point nº 4 - 19.4k: 1:42:25	Check-Point nº 5 - 20k: 1:45:37	Check-Point nº 6 - 20.2k: 1:46:39
Check-Point nº 7 - MM: 1:51:22	Check-Point nº 8 - 25k: 2:12:14	Check-Point nº 9 - 25.2k: 2:13:16
Check-Point nº 10 - 30k: 2:39:38	Check-Point nº 11 - 35k: 3:09:23	Check-Point nº 12 - 40k: 3:40:10
Check-Point nº 13 - 41.1k: 3:47:34		