



YOU WILL NEVER RUN ALONE

Diploma

CÉSAR GONÇALVES

Race number: 3721 | Gender: M

Nationality: PORTUGAL

Club: SUPER BOCK GROUP - SUPER BOCK GROUP - LOUSADA RUNNERS

Place: 1022

Age Group: M45

Place Age Group: 166

Time (iliquid): 3:41:45

Pace: 0:05:15

Time (liquid): 3:40:58

Check-Point nº 1 - 5k: 0:27:31

Check-Point nº 2 - 10k: 0:53:26

Check-Point nº 3 - 15k: 1:19:12

Check-Point nº 4 - 19.4k: 1:41:43

Check-Point nº 5 - 20k: 1:44:48

Check-Point nº 6 - 20.2k: 1:45:42

Check-Point nº 7 - MM: 1:50:23

Check-Point nº 8 - 25k: 2:10:28

Check-Point nº 9 - 25.2k: 2:11:21

Check-Point nº 10 - 30k: 2:36:14

Check-Point nº 11 - 35k: 3:02:15

Check-Point nº 12 - 40k: 3:30:02

Check-Point nº 13 - 41.1k: 3:36:10

