



YOU WILL NEVER RUN ALONE

Diploma

CLÁUDIO FRANCISCO

Race number: 3322 | Gender: M

Nationality: PORTUGAL

Club: MDR RUNNERS

Place: 1003

Age Group: M20

Place Age Group: 225

Time (iliquid): 3:41:16

Pace: 0:05:14

Time (liquid): 3:40:27

Check-Point nº 1 - 5k: 0:25:10

Check-Point nº 2 - 10k: 0:49:51

Check-Point nº 3 - 15k: 1:14:37

Check-Point nº 4 - 19.4k: 1:36:28

Check-Point nº 5 - 20k: 1:39:31

Check-Point nº 6 - 20.2k: 1:40:30

Check-Point nº 7 - MM: 1:45:04

Check-Point nº 8 - 25k: 2:04:28

Check-Point nº 9 - 25.2k: 2:05:23

Check-Point nº 10 - 30k: 2:29:51

Check-Point nº 11 - 35k: 2:57:59

Check-Point nº 12 - 40k: 3:27:42

Check-Point nº 13 - 41.1k: 3:34:55

