



YOU WILL NEVER RUN ALONE

Diploma

CARLOS COUTO

Race number: 3164 | Gender: M

Nationality: PORTUGAL

Club: BOUÇA ALTA - RUNNING

Place: 1033

Age Group: M40

Place Age Group: 179

Time (iliquid): 3:41:58

Pace: 0:05:15

Time (liquid): 3:40:54

Check-Point nº 1 - 5k: 0:27:52

Check-Point nº 2 - 10k: 0:53:33

Check-Point nº 3 - 15k: 1:19:21

Check-Point nº 4 - 19.4k: 1:41:55

Check-Point nº 5 - 20k: 1:45:07

Check-Point nº 6 - 20.2k: 1:46:02

Check-Point nº 7 - MM: 1:50:54

Check-Point nº 8 - 25k: 2:11:26

Check-Point nº 9 - 25.2k: 2:12:22

Check-Point nº 10 - 30k: 2:38:46

Check-Point nº 11 - 35k: 3:06:10

Check-Point nº 12 - 40k: 3:31:33

Check-Point nº 13 - 41.1k: 3:37:13

