



**YOU WILL NEVER RUN ALONE**

Diploma

**CARLOS SOUSA SAMPAIO**

Race number: 5897 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3228

Age Group: M55

Place Age Group: 194

Time (iliquid): 4:56:43

Pace: 0:06:44

Time (liquid): 4:42:49

Check-Point nº 1 - 5k: 0:44:38

Check-Point nº 2 - 10k: 1:13:46

Check-Point nº 3 - 15k: 1:43:20

Check-Point nº 4 - 19.4k: 2:09:14

Check-Point nº 5 - 20k: 2:12:45

Check-Point nº 6 - 20.2k: 2:14:01

Check-Point nº 7 - MM: 2:19:31

Check-Point nº 8 - 25k: 2:42:59

Check-Point nº 9 - 25.2k: 2:44:44

Check-Point nº 10 - 30k: 3:16:45

Check-Point nº 11 - 35k: 3:58:47

Check-Point nº 12 - 40k: 4:40:16

Check-Point nº 13 - 41.1k: 4:49:35