



YOU WILL NEVER RUN ALONE

Diploma

PAULO DIAS

Race number: 769 | Gender: M

Nationality: PORTUGAL

Club: INDIVIDUAL

Place: 837

Age Group: M60

Place Age Group: 19

Time (iliquid): 3:35:43

Pace: 0:05:08

Time (liquid): 3:35:39

Check-Point nº 1 - 5k: 0:24:56

Check-Point nº 2 - 10k: 0:49:43

Check-Point nº 3 - 15k: 1:14:27

Check-Point nº 4 - 19.4k: 1:36:17

Check-Point nº 5 - 20k: 1:39:18

Check-Point nº 6 - 20.2k: 1:40:08

Check-Point nº 7 - MM: 1:44:43

Check-Point nº 8 - 25k: 2:03:52

Check-Point nº 9 - 25.2k: 2:04:43

Check-Point nº 10 - 30k: 2:28:40

Check-Point nº 11 - 35k: 2:53:46

Check-Point nº 12 - 40k: 3:21:57

Check-Point nº 13 - 41.1k: 3:29:23

