



YOU WILL NEVER RUN ALONE

Diploma

NUNO DIAS

Race number: 2753 | Gender: M

Nationality: PORTUGAL

Club: VCP

Place: 1498

Age Group: M50

Place Age Group: 183

Time (iliquid): 3:54:54

Pace: 0:05:33

Time (liquid): 3:53:47

Check-Point nº 1 - 5k: 0:28:53

Check-Point nº 2 - 10k: 0:56:22

Check-Point nº 3 - 15k: 1:23:55

Check-Point nº 4 - 19.4k: 1:48:03

Check-Point nº 5 - 20k: 1:51:24

Check-Point nº 6 - 20.2k: 1:52:22

Check-Point nº 7 - MM: 1:57:29

Check-Point nº 8 - 25k: 2:19:04

Check-Point nº 9 - 25.2k: 2:20:03

Check-Point nº 10 - 30k: 2:46:54

Check-Point nº 11 - 35k: 3:14:38

Check-Point nº 12 - 40k: 3:42:32

Check-Point nº 13 - 41.1k: 3:48:59

