



YOU WILL NEVER RUN ALONE

Diploma

RICARDO MENDONÇA

Race number: 520 | Gender: M

Nationality: PORTUGAL

Club: 365 RUNNING PROJECT

Place: 2346

Age Group: M40

Place Age Group: 323

Time (iliquid): 4:21:26

Pace: 0:06:12

Time (liquid): 4:20:58

Check-Point nº 1 - 5k: 0:28:38

Check-Point nº 2 - 10k: 0:57:13

Check-Point nº 3 - 15k: 1:26:58

Check-Point nº 4 - 19.4k: 1:53:43

Check-Point nº 5 - 20k: 1:56:50

Check-Point nº 6 - 20.2k: 1:58:19

Check-Point nº 7 - MM: 2:03:54

Check-Point nº 8 - 25k: 2:28:20

Check-Point nº 9 - 25.2k: 2:29:33

Check-Point nº 10 - 30k: 2:59:18

Check-Point nº 11 - 35k: 3:33:38

Check-Point nº 12 - 40k: 4:09:09

Check-Point nº 13 - 41.1k: 4:15:38

